

	<b>W J-u 16</b>	<b>M J-u 16</b>	<b>W J-u 14</b>	<b>M J-u 14</b>	<b>W K-u 12</b>	<b>M K-u 12</b>	<b>W K-u 10</b>	<b>M K-u 10</b>	<b>Zeit</b>
13:30	Weit 1	Weit 1		Speer	Ball (1)	Ball (2)	50m VL		13:30
14:00							Weit (2/3)	50m VL	14:00
14:30			Speer		50m VL				14:30
14:50	Hoch	Hoch		Weit 1		50m VL			14:50
15:00			75m VL				Ball (1/2)	Weit (2/3)	15:00
15:15				75m VL					15:15
15:30									15:30
15:45	100m VL	100m VL	Hoch				Weit 1		15:45
16:00					Weit (2/3)		50m Endlauf	50m Endlauf	16:00
16:15					50m Endlauf	50m Endlauf		Ball (1/2)	16:15
16:30			75m Endlauf	75m Endlauf					16:30
16:45	100m Endlauf	100m Endlauf							16:45
17:00	Speer	Speer	Weit 1	Hoch			4 x 50 m ZL	4 x 50 m ZL	17:00
17:10					4 x 50 m ZL	4 x 50 m ZL			17:10
17:20			4 x 75 m ZL	4 x 75 m ZL					17:20
17:30	4x100 m ZL	4x100 m ZL							17:30
17:40	800m ZL		800m ZL		800m ZL				17:40
17:50				800m ZL		800m ZL			17:50
18:00		1000m ZL							18:00
18:10	300m Hürden	300m Hürden							18:10

Ballwurf (1/2/3) auf Nebenplatz